****

**Overview of IoWA-PCIT sessions**

|  |  |  |  |
| --- | --- | --- | --- |
| **Session** | **Description** | **Individuals present** | **Time** |
| Pre-treatment evaluation | * Administer ECBI.
* Observe of child and caregiver(s) in standardized brief (5 minute) situations.
 | Caregivers(s) and child | 1 hour per caregiver |
| Child-Directed Interaction (CDI) teach (engage parent and sell them on the treatment approach) | * Administer ECBI.
* Establish rapport and engage parent commitment to treatment approach.
* Share results of pre-treatment evaluation.
* Provide overview of treatment.
* Provide overview of Child-Directed Interaction (CDI) skills.
 | Caregiver(s) | 1 hour |
| **Session** | **Description** | **Individuals present** | **Time** |
| CDI coach sessions | * Administer ECBI.
* Code CDI skills.
* Observe attachment.
* Coach caregiver while they are interacting with child (CDI )
 | Caregiver(s) and child | 1 hour per session*CDI sessions continue until parent has mastered CDI skills / improvement in parent-child relationship* |
| Parent-Directed Interaction (PDI) teach (address concerns about discipline) | * Administer ECBI
* Engage parent commitment to PDI
* Provide overview of Parent-Directed Interaction (PDI) skills
* Address parent concerns about PDI
 | Caregiver(s) | 2 hour session or 2 separate 1 hour sessions |
| PDI coach session #1 | * Therapist or caregiver explains PDI procedure to child
* Coach caregiver while they are interacting with child (CDI and PDI)
* Line-feed majority of commands to caregiver
 | Caregiver(s) and child | 2 hour session |
| **Session** | **Description** | **Individuals present** | **Time** |
| PDI level 2 coaching sessions | * Administer ECBI
* Code and coach CDI skills.
* Observe attachment
* Coach caregiver while they are interacting with child (CDI and PDI)
* Begin to let caregiver come up with commands
 | Caregiver(s) and child | 1 hour session |
| PDI level 3 coaching sessions | * Administer ECBI
* Code and coach CDI skills
* Code PDI skills
* Observe attachment
* Coach caregiver while they are interacting with child (CDI and PDI)
 | Caregiver(s) and child | 1 hour session |
| Additional PDI sessions – if needed | * Administer ECBI
* Tailor CDI and PDI to address remaining problems
 | Caregiver(s) and child | 1 hour session |
| Graduation | * Administer ECBI
* Code CDI and PDI
* Celebration and graduation certificate!
 | Caregiver(s) and child | 1 hour session |

Overview of optional sessions (these sessions are used as needed)

|  |  |  |  |
| --- | --- | --- | --- |
| **Session** | **Description** | **Individuals present** | **Time** |
| Video review | * Watch and discuss videos of assessment and/or treatment sessions with caregiver(s)
 | Caregiver(s) | 1 hour session |
| House rule | * Discuss use of automatic time-out for breaking house rule (typically aggression)
 | Caregiver(s) and child | 1 hour session |
| Public Behavior | * Discuss strategies for managing behavior in public settings
* Practice managing behavior in public settings
 | Caregiver(s) and child | 1 hour session |
| Sibling session | * Caregiver or therapist explains PDI to siblings
* Coach caregivers in CDI and PDI with child and siblings
 | Caregiver(s), child, and 1 or 2 siblings | 1 hour session |
| Booster sessions | * Code and coach CDI and PDI
* Reinforce skills and discuss any drift or new problems
 | Caregiver(s) and child | 1 hour session |