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**Overview of IoWA-PCIT sessions**

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| **Session** | **Description** | **Individuals present** | **Time** |
| Pre-treatment evaluation | * Administer ECBI. * Observe of child and caregiver(s) in standardized brief (5 minute) situations. | Caregivers(s) and child | 1 hour per caregiver |
| Child-Directed Interaction (CDI) teach  (engage parent and sell them on the treatment approach) | * Administer ECBI. * Establish rapport and engage parent commitment to treatment approach. * Share results of pre-treatment evaluation. * Provide overview of treatment. * Provide overview of Child-Directed Interaction (CDI) skills. | Caregiver(s) | 1 hour |
| **Session** | **Description** | **Individuals present** | **Time** |
| CDI coach sessions | * Administer ECBI. * Code CDI skills. * Observe attachment. * Coach caregiver while they are interacting with child (CDI ) | Caregiver(s) and child | 1 hour per session  *CDI sessions continue until parent has mastered CDI skills / improvement in parent-child relationship* |
| Parent-Directed Interaction (PDI) teach  (address concerns about discipline) | * Administer ECBI * Engage parent commitment to PDI * Provide overview of Parent-Directed Interaction (PDI) skills * Address parent concerns about PDI | Caregiver(s) | 2 hour session or  2 separate 1 hour sessions |
| PDI coach session #1 | * Therapist or caregiver explains PDI procedure to child * Coach caregiver while they are interacting with child (CDI and PDI) * Line-feed majority of commands to caregiver | Caregiver(s) and child | 2 hour session |
| **Session** | **Description** | **Individuals present** | **Time** |
| PDI level 2 coaching sessions | * Administer ECBI * Code and coach CDI skills. * Observe attachment * Coach caregiver while they are interacting with child (CDI and PDI) * Begin to let caregiver come up with commands | Caregiver(s) and child | 1 hour session |
| PDI level 3 coaching sessions | * Administer ECBI * Code and coach CDI skills * Code PDI skills * Observe attachment * Coach caregiver while they are interacting with child (CDI and PDI) | Caregiver(s) and child | 1 hour session |
| Additional PDI sessions – if needed | * Administer ECBI * Tailor CDI and PDI to address remaining problems | Caregiver(s) and child | 1 hour session |
| Graduation | * Administer ECBI * Code CDI and PDI * Celebration and graduation certificate! | Caregiver(s) and child | 1 hour session |

Overview of optional sessions (these sessions are used as needed)

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| **Session** | **Description** | **Individuals present** | **Time** |
| Video review | * Watch and discuss videos of assessment and/or treatment sessions with caregiver(s) | Caregiver(s) | 1 hour session |
| House rule | * Discuss use of automatic time-out for breaking house rule (typically aggression) | Caregiver(s) and child | 1 hour session |
| Public Behavior | * Discuss strategies for managing behavior in public settings * Practice managing behavior in public settings | Caregiver(s) and child | 1 hour session |
| Sibling session | * Caregiver or therapist explains PDI to siblings * Coach caregivers in CDI and PDI with child and siblings | Caregiver(s), child, and 1 or 2 siblings | 1 hour session |
| Booster sessions | * Code and coach CDI and PDI * Reinforce skills and discuss any drift or new problems | Caregiver(s) and child | 1 hour session |